

# Fun Food



Cassava is planted almost everywhere in Vietnam. It is a root vegetable that has a nutty flavour. In some other countries Cassava is called Yuca.

In Vietnam, cassava is used to make a popular dessert called, *Bánh khoai mì* (or Cassava Cake). It is made with sugar, coconut and grated cassava. It is usually eaten as a snack and at family get togethers or other celebrations.



## DO YOU KNOW ANY OTHER DESSERT OR CAKE RECIPES THAT USE A VEGETABLE IN THE INGREDIENTS?

Do some online research or ask someone in your home and list as many of these recipes as you can below:

You can share your activities with us on our Facebook [@ourworldirishaidawards](#) or by email to: [ourworld@realnation.ie](mailto:ourworld@realnation.ie)

